

BLACK ELK HOCKEY CAMP
SAMPLE DAY CAMP SCHEDULE

**Please Note: This is a sample only and intended as a guide only.
Actual times will vary. Camp schedules are available in the week prior to the camp.**

MONDAY - FRIDAY

9:00 - 9:45 AM	Chalktalk and Videos (Classroom)
9:45 - 10:25 AM	Floor Hockey
10:25 - 10:45 AM	Lunch
11:15 AM - 12:00 PM	Power Skating (North Arena)
12:15 - 1:15 PM	Ice Session (North Arena)
1:30 - 2:15 PM	Dryland Training
2:15 - 2:45 PM	Soccer
5:00 - 6:00 PM	Scrimmages (Tuesday and Thursday - South Arena)

SATURDAY

9:00 - 10:00 AM	Final Game (North Arena)
10:15 AM	Graduation (Community Room)

SHOOTING CLINIC

3:45 - 4:45 PM	Tuesday
3:45 - 4:45 PM	Wednesday
3:45 - 4:45 PM	Thursday
3:45 - 4:45 PM	Friday

CHECKING CLINIC

4:45 - 5:45 PM	Monday
6:00 - 7:00 PM	Thursday
8:00 - 9:00 AM	Friday
8:00 - 9:00 AM	Saturday

DEFENCE CLINIC

8:00 - 9: 00 AM	Monday
8:00 - 9: 00 AM	Tuesday
8:00 - 9: 00 AM	Wednesday
8:00 - 9: 00 AM	Thursday

GOALIE SCHOOL

MONDAY - FRIDAY

11:00 AM- 12:00 PM	Ice Session (North Arena)
12:00 - 12:30 PM	Chalktalk (Dressing Room 4)

EXAMPLE